

Olympics

Events in the Olympics

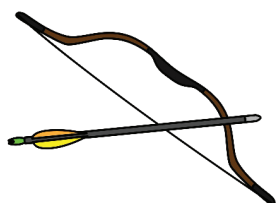
Key Word Sign



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It is designed to be used in conjunction with the original material.
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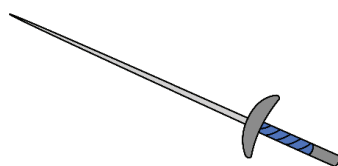
archery



boxing



fencing



ROWING

Form a fist with each hand and hold in front of body at waist height. Simultaneously move both fists up and backwards towards body in an arc. Show the action of rowing with oars.

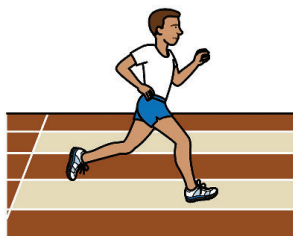
SURFING

Extend index finger of non-dominant hand, hold in front of body with palm facing down. Place tips of dominant index and middle fingers on top of extended index, like balancing on a surfboard.

TRIATHLON

1) Place open hands in front of body, palms down, move hands in outwards circles or arcs as though swimming breast stroke (natural gesture).
2) Extend and crook index fingers of both hands, palms facing down. Alternate forward circular motions with each hand whilst moving hands away from body.
3) Move fists in alternate forward circles, as if running (natural gesture - mime the action).

athletics



canoeing



golf



SAILING

Hold dominant flat hand in front of body, palm facing body. Place non-dominant flat hand in front of dominant wrist. Move formation forward.

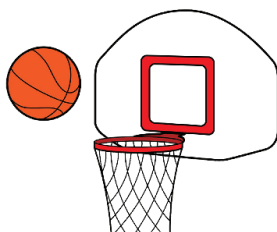
SWIMMING

Place open hands in front of body, palms down, move hands in outwards circles or arcs as though swimming breast stroke (natural gesture).

VOLLEYBALL

Hold both flat hands on either side of head with fingers pointing backwards and palms facing up. Raise and lower twice, flicking fingers forward to upright position.

basketball



cycling



hockey



SHOOTING

Hold dominant fist away from body at chest height. Hold non-dominant hand close to body and make small curling action with index finger, like pulling a trigger.

TABLE TENNIS

Hold flat non-dominant hand in front of body with palm facing up. Place edge of non-dominant flat hand perpendicular to palm, sweep back and forth on palm several times.

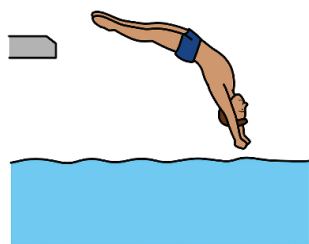
WEIGHTLIFTING

Clench both fists, hold at shoulder height, palms facing away from body. Move fists up and down as if lifting weights, once.

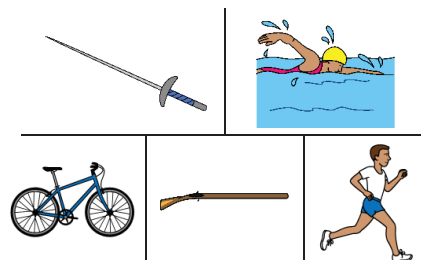
badminton



diving



pentathlon



SKATEBOARD

Hold both flat hands in front of body, palms down, fingers pointing forward. Scoop fingers of dominant hand backwards, twice.

TENNIS

1) Release fingers of non-dominant hand as arm is raised, like throwing a ball up in the air.
2) Wrap dominant index finger over thumb, raise and move formation forward, like hitting a ball.

WRESTLING

Clasp flat hands in front of body, dominant hand on top. Move formation up and down, twice.

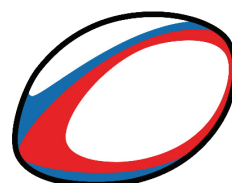
beach volleyball



equestrian



rugby



SPORT CLIMBING

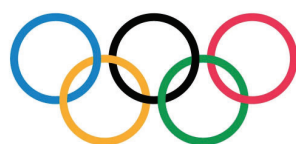
Move open cupped hands to mime action of climbing. *Sign may be varied for ladder, tree, etc.

TRAMPOLINE

"Jump" extended dominant index and middle fingers up on palm of open non-dominant hand. Sign may be varied for jumping on, off, over etc.

SOMETHING DIFFERENT

Extend index fingers of both hands, hold them palms down with edges of index fingers touching. Rotate formations outwards and slightly apart, ending with palms facing up.



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Sign Descriptions



Key Word Sign
Australia

ARCHERY

Extend index finger of non-dominant hand and hold in front of body, palm facing forward. Spring dominant index finger away from tip of extended finger, opening to spread fingers whilst doing so.

BOXING

Form fists with both hands and hold in front of body. Alternate moving fists forward and back.

FENCING

Wrap dominant index finger over thumb, close other fingers. Hold at waist height on dominant side of body, rotate wrist around in an outward circle as arm moves forward. End with palm facing up.

ATHLETICS

Hold flat hands at sides of body, fingers pointing forwards. Alternately move up and down, like when running.

CANOEING

Hold both fists in front of body, dominant fist higher than non-dominant. Simultaneously move fists downwards along non-dominant side of body.

GOLF

Hold fists in front of body, dominant on top. Swing formation in front of body to opposite shoulder, like a large golf swing.

BASKETBALL

Hold flat dominant hand at side of body, chest height. Bounce up and down several times.

CYCLING

Extend and crook index fingers of both hands, palms facing down. Alternate forward circular motions with each hand whilst moving hands away from body.

HOCKEY

Crook index finger of dominant hand. Place on flat dominant hand. Move in small circles around palm.

BADMINTON

Wrap dominant index finger over top of thumb, close other fingers. Hold formation at shoulder height and flick back and forth from wrist.

DIVING

Place flat palms together in front of body, fingers pointing up. Rotate hands forwards and down, like diving into water.

PENTATHLON

Extend all fingers and thumb of dominant hand, fingers pointing up, hold them slightly apart, palm towards body. *May have palm facing away from body (natural gesture).

BEACH VOLLEYBALL

1) Mime waves breaking on the beach with open spread hands in front of body.
2) Hold both flat hands on either side of head with fingers pointing backwards and palms facing up. Raise and lower twice, flicking fingers forward to upright position.

EQUESTRIAN

Place extended dominant index and middle fingers over extended non-dominant index finger, bounce twice.

RUGBY

Very slightly cup both hands, palms up and hold in front of body at waist height. Simultaneously move hands side to side, twice.

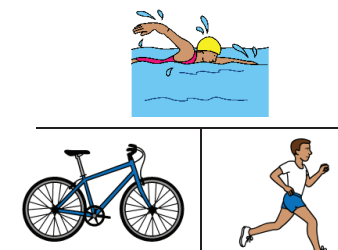
rowing



surfing



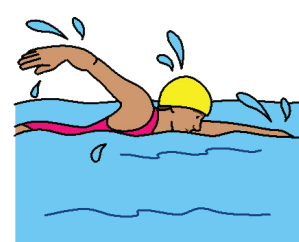
triathlon



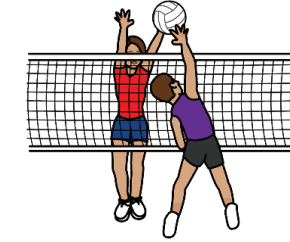
sailing



swimming



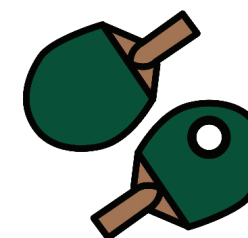
volleyball



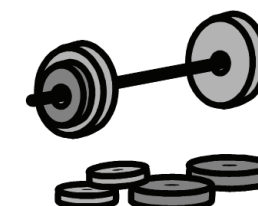
shooting



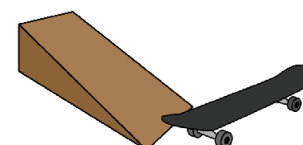
table tennis



weightlifting



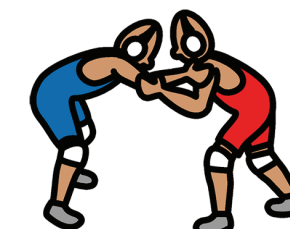
skateboard



tennis



wrestling



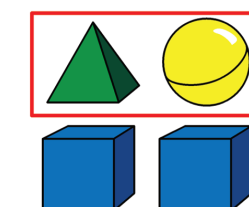
sport climbing

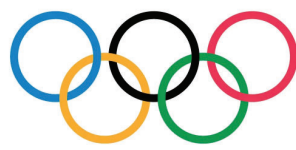


trampoline



something different





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Australia

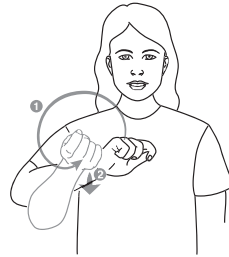
archery



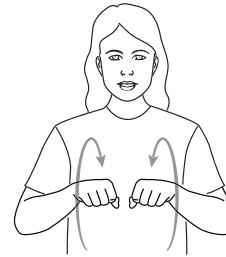
boxing



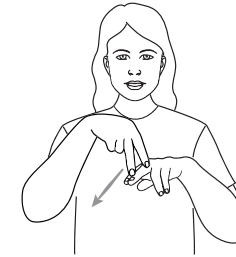
fencing



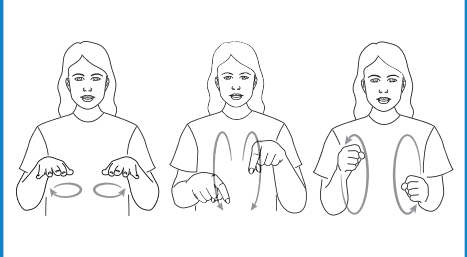
rowing



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canoeing



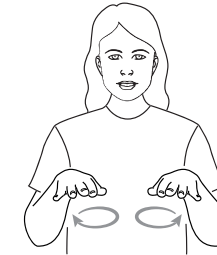
golf



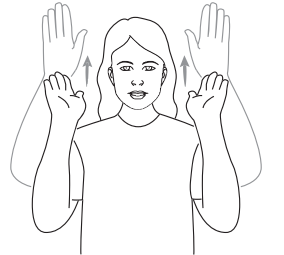
sailing



swimming



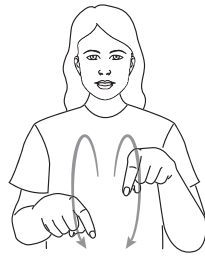
volleyball



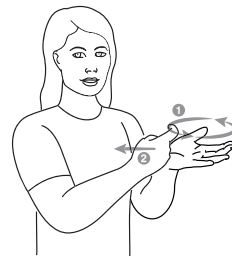
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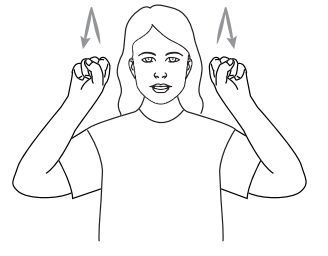
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skateboard



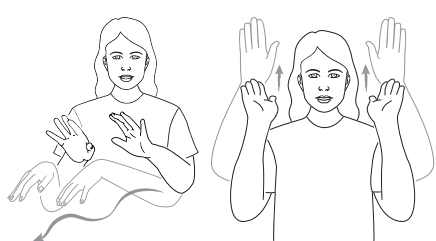
tennis



wrestling



beach volleyball



equestrian



rugby



sport climbing



trampoline



something different

